



“People who love themselves,
don’t hurt other people. The
more we hate ourselves, the
more we want others to suffer.”

— Dan Pearce, Single Dad
Laughing

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References: <https://www.dosomething.org/us/facts/11-facts-about-bullying> , <http://www.stopbullying.gov/what-is-bullying/definition/index.html> , <http://www.stopbullying.gov/kids/what-you-can-do/> , <http://www.stopbullying.gov/what-you-can-do/educators/>

Bullying is an unwanted, aggressive behavior usually among school aged children that involves a real or perceived power imbalance. Bullying behaviors happen more than once and are consistent.



**LETS STOP
BULLYING!!**



Few facts about bullying

- 1) Over 3.2 million students are victims of bullying each year.
- 2) Approximately 160,000 teens skip school every day because of bullying.
- 3) 17% of American students report being bullied 2 to 3 times a month or more within a school semester.
- 4) 1 in 4 teachers see nothing wrong with bullying and will only intervene 4% of the time.
- 5) By age 14 less than 30% of boys and 40% of girls will talk to their peers about bullying.

What teachers can do about bullying

- 1) Learn what exactly bullying is and what it looks like and look for warning signs.
- 2) Establish a safe school environment. Make sure all students, teachers, administrators know about bullying.
- 3) Learn how to talk to parents and youth about bullying and how they can help to build a positive environment against bullying.
- 4) Respond to bullying, act on it, find out what happened and support all students who are involved with the bullying incident.

What students can do about it

If you're being bullied there are many things you can do to help yourself.

- 1) You can tell the bully to stop in a calm but stern voice, or laugh it off. 2) If speaking up is too hard or not safe, talk to an adult you trust.

If you see someone being bullied, stand up for them! Talk to an adult if you have too, but also be kind to the kid being bullied. Invite them to sit with you at lunch or to hang out with you and your friends. This will show them that you are there to help them and that they aren't

